

Jeff + Patrick





HELLO!

THANK YOU FOR TAKING THE TIME TO LOOK THROUGH OUR PROFILE. YOUR TIME AND CONSIDERATION MEANS THE WORLD TO US.

We can never fully understand what this journey feels like for you, but we know your decision, whatever it may be, is rooted in profound love. We promise to ensure that love is always part of your child's story and to honor whatever level of openness and connection feels right for you.

Adoption has always been part of our plan. In fact, we can't imagine starting a family any other way. For most of our lives, adoption has been near and dear to us, with some of our closest friends being adopted, and others having become adoptive parents themselves.

As you flip through our book, we hope you'll see a glimpse of who we are: two adventurous, warm, and loving people who dream of raising a child in a home filled with laughter, music, and love.

OUR STORY

The beginning of our story sounds like a movie! We met in 2015 halfway around the world in Vietnam. By chance, we were seated next to each other at a restaurant and overheard unmistakable midwestern accents. We introduced ourselves and against all odds, we were both from Minnesota! What started as a quick hello turned into an all-night conversation that felt like fate.



SOMEHOW, TWO MINNESOTANS WITH SHARED HEARTS FOR CAREGIVING CROSSED PATHS IN THE MOST UNEXPECTED PLACE, AND OUR LIVES HAVE BEEN INTERTWINED EVER SINCE.

Jeff was in Vietnam for an internship at a public hospital as part of his medical training. Patrick had just finished volunteering with a medical team providing life-changing surgeries for children in need.

Soon after, we began building a life together — supporting each other through medical training

and marrying in 2019. Our relationship has always been full of laughter, adventure, and shared wonder, from singing in the kitchen to exploring New Zealand in a camper van. Now, settled in our “forever” home with our pets and a close-knit community, we’re ready for our greatest adventure yet: becoming parents.



HEY! I'M Patrick



I was born in the Philippines and am the youngest of four. My family moved to the U.S. when I was three so my parents could give us more opportunities. Though I'm not adopted, I understand what it's like to feel different — growing up, I was often the only person of color in my class. I'm so grateful that I had a loving family and a supportive community.

After earning my nursing degree, I worked in the neonatal and pediatric intensive care units — an experience that taught me how to care for the most vulnerable little ones. Since 2018, I've

been a certified registered nurse anesthetist, helping patients feel safe and cared for before and during surgery.

Outside of work, I love being active and social. I play pickleball weekly and sing in a community choir with Jeff. I love catching touring Broadway shows and when I need downtime, I unwind with a good fantasy book. We also love hosting — whether it's a cozy dinner at home or a weekend at our family cabin (where we've even hosted a bachelorette party!).

WHAT JEFF LOVES BEST

Patrick is very easy to love. People quickly are at ease when he's around. He's the type that would strike up a conversation with someone who's shy. His gigantic smile and friendly laugh draw you in and wherever he is, people are wrapped up in his joy — it's contagious. He's out-going and social, with more lasting friendships than I thought possible. He's also fiercely intelligent, though he would never say so.

I'm always grateful for how focused he is on our future, and how much work he has put into securing our financial path. He's always organized, creating calendars and spreadsheets, and is dedicated to living a healthy lifestyle. He will be an amazing father — no question!



FUN FACTS

WENT TO A PERFORMING ARTS HIGH SCHOOL

HAS DONE 3 MEDICAL MISSION TRIPS TO GUATEMALA, VIETNAM, AND LIBERIA

HI THERE, I'M Jeff



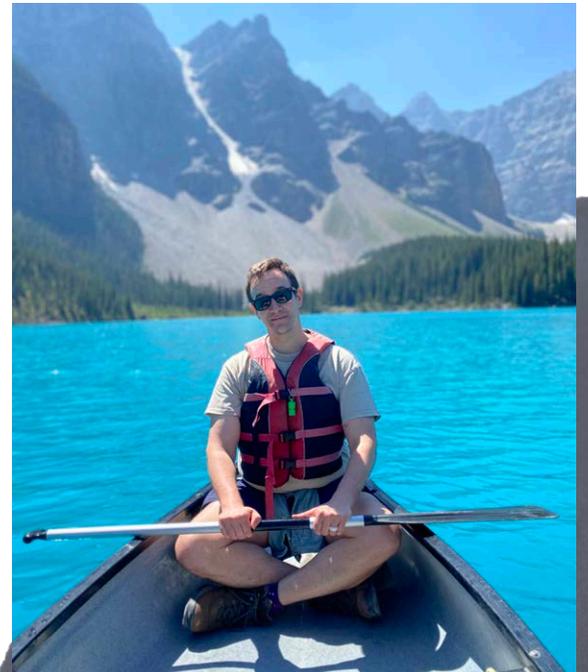
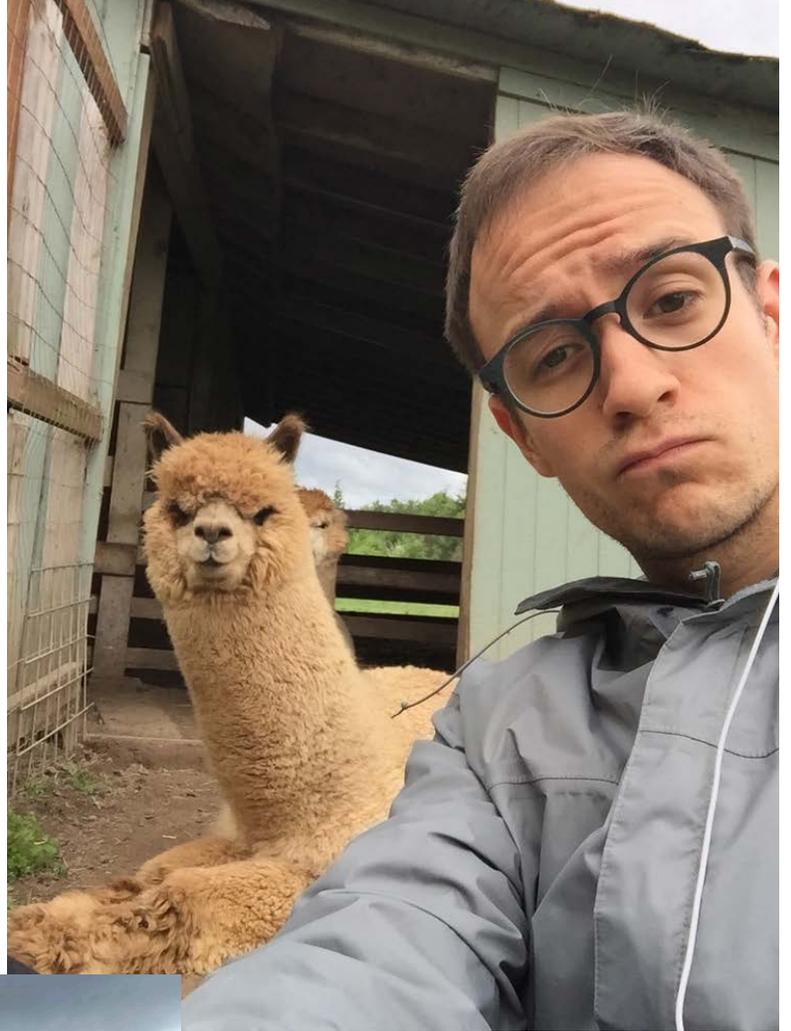
I was born and raised in Minnesota. Growing up, we moved a lot so I was always “the new kid” in school. I was shy, mostly keeping to myself — let’s just say I was a bit awkward. I spent a lot of time crafting, painting, reading books, and playing video games. Later, I learned how to use my shyness and awkwardness toward making people laugh. I joined theater and choir, and before I knew it I had confidence and friends. Now, I’m a Physician Assistant in cardiology, helping people with sick hearts.

I love to host people in our home. To me, there is nothing better than having family and friends over! I love to cook and bake and am always trying to perfect a recipe. I love nature and hiking, hunting for antiques, art, and all types of music. Otherwise, I’m outgoing (I have to be outgoing to keep up with Patrick) and love to sign alongside Patrick in our choir.



WHAT PATRICK LOVES BEST

Jeff is the smartest, most patient, and funniest person I know. I love his quick wit – and so do my friends, who often hang out with him even when I’m not around! He’s an incredible host who makes everyone feel welcome and at ease. Jeff has a creative eye and has made our home beautiful. He’s a baker at heart, and his homemade scones are legendary. He always sees us as a team, no matter what life brings. Jeff will be such an amazing dad because he’s endlessly loving, kind and patient. He has a calm way about him that makes people feel safe and supported—qualities I know will make him a great parent.



FUN FACTS

DELIVERED A BABY GOAT
BY HIMSELF WHILE
WORKING ON A GOAT FARM

MOM IS A BEST SELLING
ROMANCE NOVELIST



WE SING TOGETHER IN A LOCAL COMMUNITY CHOIR THAT PERFORMS CONTEMPORARY MUSIC — everything from Fleetwood Mac to Pink Pony Club by Chappell Roan. It's one of our favorite ways to connect with our community.

TRAVEL HAS BEEN A HUGE PART OF OUR STORY (after all, we met on the other side of the world!). Together we've explored Morocco, Croatia, Portugal, New Zealand, Thailand, Peru, Costa Rica, Mexico, Alaska, and Canada. Exploring new landscapes feels like second nature to us.

WE ENJOY QUIETER MOMENTS TOO — most evenings you'll find us walking our sweet senior dog, Frankie, or binging a tv show with our cuddly cat, Pogi, purring next to us. We often have family dinners, weekends at our cabin with Jeff's mom, and play dates with our niece, Nora, who is seven years old and full of energy, imagination, and - most importantly - sass.



PATRICK

I am passionate about pickleball - you can find me on the court most days! I also love to unwind with a good fantasy novel.



JEFF

I enjoy antiquing and have a great eye for finding unique treasures for our home. I also love to cook and bake, with a passion for hosting.

WE LOVE FAMILY TRADITIONS AND THE MEMORIES THEY CREATE.

Every winter, we escape to Palm Springs with Jeff's dad and step mom for relaxation and Patrick's favorite — pickleball. The 4th of July is spent at the family cabin, filled with lake adventures and grilling up a storm. Father's Day is especially fun — it's a rib fest competition among the dads, and we can't wait to join in once we become fathers!



ADVENTURE IS A TRADITION TOO!

Each year, we take a big hiking trip – last year was New Zealand and this year was Peru – and we’re excited to share our love of nature, travel, and the outdoors with our child.



MEET FRANKIE & POGI

Frankie, our dog, is a rescue mutt who we've had since 2019. She's a cuddle bug, enjoying her golden years snoozing. She's happiest tucked in as close as possible to us.

Our cat, Pogi, is quite the character. He loves playing fetch, lounging in the sun, and snoozing next to Frankie. He's a big cat, about 16 pounds!

Frankie and Pogi are inseparable and are often cuddled up together — not to brag, but it's really cute!



OUR HOME & NEIGHBORHOOD

Our neighborhood always has kids playing outside, with bikes and toys lining the sidewalks. We have frequent neighborhood block parties. Around the corner is a hill perfect for sledding in the winter, parks and playgrounds, tennis courts, and even a little creek where families kayak and canoe. Being close to several great schools is the cherry on top!



OUR HOME IS CLASSIC, WITH TOUCHES OF ORIGINAL CHARM AND COZINESS AS WELL AS MODERN UPDATES.

We are lucky to have a wonderful, welcoming community of neighbors including many young families who are quickly becoming our friends.

FAMILY CABIN

At every opportunity we go to our cabin just under two hours away. We can't wait to create memories there with our child – swimming off our dock, fishing, roasting marshmallows, star-gazing, and enjoying the simple joys of cabin living.





PATRICK'S FAMILY



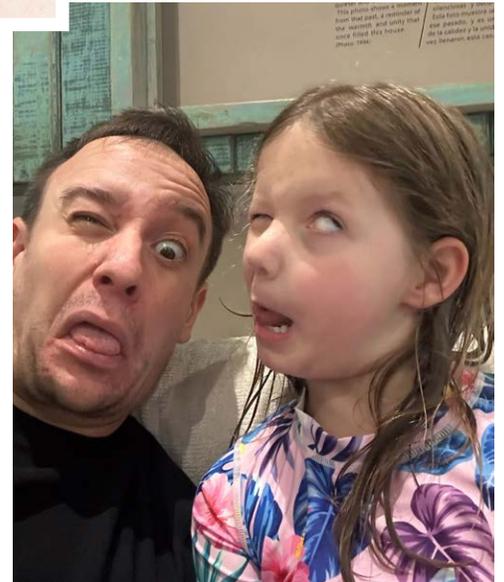
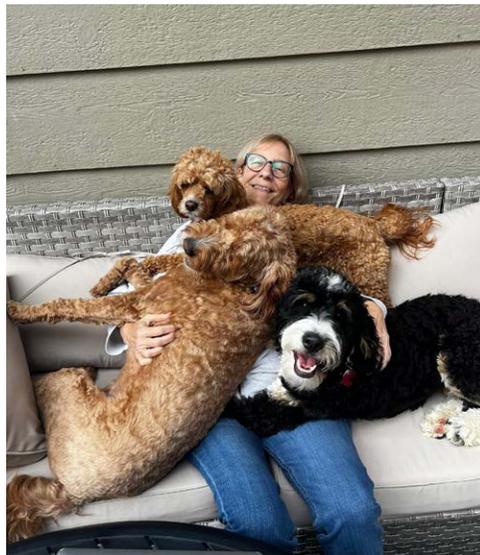
MY PARENTS HAVE BEEN HAPPILY MARRIED FOR 42 YEARS AND LIVE NEARBY US.

Family has always been at the heart of everything they do, and that's something they passed down. My two older brothers live together nearby and my sister lives in North Carolina with her husband and our nephew, Julien. We gather with my parents and brothers every month at my parents' house for an irresistible home-cooked Filipino meal. We take turns visiting my sister's

family every few months, and we all adore spending time with our nephew. My family can't wait for him to have a cousin to play with. Most of our extended family still live in the Philippines, and while I haven't been back in many years, the sense of love, resilience, and togetherness that defines Filipino culture continues to shape who we are as a family.



JEFF'S FAMILY



MY FAMILY IS CLOSE, LOVING, AND WOULD DROP EVERYTHING TO HELP ONE ANOTHER.

My parents were divorced when I was young, but are still good friends and excellent co-grandparents to our niece, Nora. My mom is a fiercely independent and imaginative retired teacher who spends every morning writing fantasy and romance novels. My dad is kind and reserved, but secretly hilarious; he is

remarried, celebrating 26 years of marriage to my step mom who is delightful and a pillar of our family. I have one older sister and brother in law, and a niece who is turning 7 years old! I also have a step brother and sister in law and two nephews who live in New York who we see a few times a year.

OUR PROMISE



Adoption has always been our plan and we can't imagine starting our family any other way. One of our dearest friends — Patrick's best person at our wedding — was adopted and her wonderful family has been a beautiful example of love through adoption.

Our promise to you is that we will love your child with our whole hearts. We will provide a home filled with laughter, warmth, and unconditional love — a place where they feel safe to grow and be whoever they are meant to be. We will honor and celebrate their story,

and they will always know how deeply loved they are, not only by us but by you.

We will speak of you with gratitude and respect, and we will make sure your child understands the courage and love behind your decision. If you wish, we would love for you to remain a part of our lives and for your child to know you in a way that feels right to you. We understand that this is a deeply personal decision. Through it all, please know that we see you, we respect you, and we support you with compassion and care.



THANK YOU

FOR GETTING TO KNOW US A BIT. NO
MATTER WHERE YOUR PATH LEADS YOU,
WE WISH YOU ALL THE BEST.

*with love,
Jeff & Patrick*