





# my heart for you

I have dreamed of writing this letter ever since God placed adoption on my heart. How can I possibly express the depth of my gratitude for your courage and the immense admiration I have for your decision to consider an adoption plan for your child? It is a profound act of love, one that I do not take lightly.

**Life has taught me that love is meant to be shared—openly, fully, and without hesitation.** My heart holds such deep compassion for you as you navigate this decision, one rooted in courage and love for both yourself and your baby. If chosen, I would be honored to walk alongside you as a steady presence in your own journey. I promise to be a listening ear, a shoulder to lean on, and a friend who offers support without judgment. **I will always respect and value the bond you have with your child, and if it is your wish, I will nurture a relationship with you built on trust, respect, and the shared love we both hold for this precious life you created.**

If I am chosen, your child will be raised in a home where they are cherished unconditionally and reminded every day of their worth. They will always know how deeply they are loved, not only by me but by the brave and loving woman who gave them life. I have been shaped by meaningful moments, a strong faith, and a circle of family and friends who are ready to surround a child with the same unwavering support and joy they have given me.

*Love, Jenessa*



# *my heart for adoption*

**Adoption is something I felt genuinely called to** after years of prayer, reflection, and building a full, independent life. I am not married, but I have never let that define or limit my dream of becoming a mother.

The more I learned, the more adoption resonated with me. **I see it as an act of love, courage, and connection between two families who share the same hope: for a child to grow up safe, supported, and deeply loved.** I have the stability, resources, and support to raise a child, and more importantly, I have a heart that's ready to love unconditionally. Becoming a mother through adoption feels like the most meaningful next chapter in my life.

# *my connection to adoption*

While my immediate family hasn't been directly impacted by adoption, I had the privilege of witnessing its beauty in the lives of close family friends who adopted their daughter from India. They were a couple who, after having a biological child, felt led to grow their family through adoption. Though the process came with challenges, especially navigating an international adoption, their faith carried them through with grace and strength. I still remember the day they drove to Boston to meet their daughter for the first time, and in a beautiful twist of fate, my parents were there to accompany them.

That scared, wide-eyed little girl grew up in a home filled with love, faith, and unwavering support. Years later, I had the honor of teaching her in middle school and watching her grow into a smart, kind, and confident young woman. Today, she is happily married and sharing her light with the world. **Seeing her journey and the love that surrounded it left a lasting imprint on my heart and helped shape my understanding of what adoption can truly be—transformative, healing, and full of hope.**

*As I turned 40, I felt a deep and undeniable pull toward adoption—not as a backup plan but as a beautiful and intentional path to parenthood.*

# get to know

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**I love to read for pleasure, though lately, finding uninterrupted time to curl up with a good book has become more of a luxury!**

I have also embraced what I lovingly call my “Grandma Hobbies,” like diamond art and building with Legos. I am most relaxed when I am doing something with my hands that does not require too much mental energy. I enjoy being creative to a point, but I have learned that I thrive when following a plan or executing someone else’s vision, whether it is assembling a Lego masterpiece or completing a detailed art kit.

these are a few of  
my favorite things

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- ✓ books
- ✓ 'grandma' hobbies
- ✓ diamond art
- ✓ lego building
- ✓ planned creativity
- ✓ traveling
- ✓ working with children
- ✓ serving others





***My childhood was filled with joy and stability***

# *Travel has always been a big part of my life*

and is something I am excited to continue as I grow my family. I regularly visit my best friend in Florida, where my parents also have a second home, and I value opportunities to explore new places. **I was raised in a family that prioritized travel and adventure, and I definitely caught the bug.** Whether it's a quick weekend getaway or a larger trip, I love the perspective and joy that come from seeing the world through a different lens.

# these are my people

*My life is filled with people who love me deeply, and in turn, will love the child I welcome into my home with that same depth and devotion. My village is strong, loyal, and full of open hearts.*

**My parents** have dreamed of becoming grandparents for as long as I can remember. I know the love they have given to my brothers and me will only grow and multiply for a grandchild. My two younger brothers do not have children of their own, but they love fiercely and protectively, and I know they will embrace their roles as uncles with enthusiasm and care.

**My best friend Lisa & her husband Dennis** are chosen family. Lisa and I met in 2012 when I started working at the middle school, and we clicked instantly. She is the sister I got to choose, and she and Dennis will be a constant, joyful presence in my child's life. Another dear friend, **Michelle**, began as a parent of a former student, became a colleague, and over time, my best friend. As the mother of five incredible children, Michelle's whole family is eager to step into the "cousin" role and surround this child with fun, guidance, and affection.

**Kendra** and I have been friends since 2002. We bonded over the Student Council in high school and have remained close ever since. She and her husband Eric are raising four amazing kids, including my goddaughter. They are thrilled for their "Auntie Jen" to become a mom and will be guiding lights and companions to the newest member of our extended family. Kendra has even committed to helping care for the baby when I return to work so my child won't have to attend daycare in those early months.

Lastly, **my friend Ellen** has been a steady and invaluable presence on this journey. We met through our jobs, and her prior experience working in adoption has been instrumental in helping me navigate this process—both practically and emotionally. She and her husband do not have children of their own, but they are deeply supportive and full of love, and I know they will play a meaningful role in my child's life.

Guy & Colette

Mat, Jordan, Nam, Andrew, Jenessa

Dennis & Lisa

Kendra & Jenessa

Tom & Ellen

Michelle &  
Jenessa

Jeff, Meghan  
& Jenessa

Shaun,  
Christina &  
Jenessa

Nick & Brendan

Jenessa,  
Christina &  
Carolyn

Evelyn &  
Jenessa

Coco &  
Jenessa

Teddy &  
Jenessa

Jenessa &  
Meghan

Sean &  
Jenessa

# my lifelong passion became **my career**

**I currently teach 6th grade math at the local middle school in my town.**

**I have found my calling in the energy, unpredictability, and honesty that comes with teaching adolescents.** I embrace the challenges each day brings and work hard to connect with my students, often building lasting relationships that go well beyond the classroom. I love what I do because no two days are ever the same (sometimes, no two hours are the same), and **the students constantly remind me to be patient, flexible, and to not take life too seriously.** I hope I teach them just as much in return.

I am so fortunate to work with an incredible team of colleagues who support me both professionally and personally. They truly feel more like an extended family, and their encouragement means the world to me. **Over the years, I have also learned the importance of striking a healthy balance between work and home life—something that will only grow more meaningful as I step into motherhood.** Teaching is one of those rare careers that naturally supports the rhythms of family life. From long weekends in the fall and spring to extended breaks in December, February, and April, I have built-in opportunities to pause, recharge, and spend quality time with loved ones. And then there is summer ... glorious summer! With those months off, I slow down, surround myself with friends and family, and savor a gentler pace of life. **I feel deeply grateful for the flexibility and seasons of rest that not only make me a better teacher but will also allow me to be a present and nurturing mom.**





Jenessa has been one of my closest friends for 25 years, and has been by my side through high school, college, marriage, and four children. **She was Auntie Jen from day one, and has remained one of the most important adults in my children's lives.** I have always been and continue to be endlessly thankful that my children have Jenessa in their lives. She has filled roles that were otherwise lacking and never ceases to make them feel loved and cherished. She makes time for them and always makes the effort to show them that they are loved, valued, and enjoyed. What an incredible blessing for them to have someone in their corner building them up. **Jenessa has always had a deep understanding of what children need to thrive, and she is already a mother at heart.** - *Kendra, friend*

It is unbelievable to think I have known Jenessa for more than 10 years. Somewhere along the way she stopped being my children's teacher and my best friend and unexpectedly became a sister to me and Aunt Jenessa or "Miss Cad" to my children. **Imagining Jenessa taking on the role of "mom" feels like the most natural thing in the world to me because in so many ways she has already been one.** Jenessa has been there for all of my five children, through every milestone, every broken wrist, every celebration and every challenge. From sports games, to recitals, graduations, birthdays and even vacations, Jenessa was always there. Jenessa has even shown up in place of me, loving and supporting my children as if they were her own. She has created memories with each one of them that they will carry forever. I cannot wait for Christmas, Easter, the "tooth fairy" and the first days of school - with her child-like excitement and creativity, Jenessa knows how to love selflessly, be fully present and create a house into a home built on happiness and love. - *Michelle, friend*

# thoughts on motherhood

**I never once questioned my worth in my parents' eyes, and I want my child to feel that same safety and peace.** There has never been a moment when I could not approach my parents about anything, and I am committed to being that kind of parent—open, yet firm and loving.

I cherish my role as “Auntie” and all the joy it brings, but I look ahead to parenthood with even greater anticipation and joy. I am ready to offer that same unwavering love, support, and presence to a child of my own.

I am so excited to share my heart, soul, and gifts that have been instilled in me. **I was blessed with an idyllic childhood—full of fond memories, even when I was disciplined for being bossy!** Sundays spent at our family camp, visits to the candy store, canoe trips down the river, family vacations, sleepovers with cousins, and afternoons by the pool—all of these moments and people have shaped who I am. They have shown me how I want to parent: with humility, grace, and unconditional love.

Becoming a mom fills me with a deep and overwhelming emotion. **The love I have for my friends' children is indescribable—I would do anything for them—but I know the love I will feel for my own child will be even more profound and all-encompassing.** I have had countless conversations with new moms who try to put this feeling into words, but I do not believe it can truly be understood until experienced firsthand. I am ready and eager to shift my focus from myself to nurturing and creating a life for this child, one that will be a beautiful extension of the love and family my parents built for my brothers and me.

*let me introduce you to my family*



# *a few family traditions*

Traditions have always been important in my family, and I continue to value the sense of security and connection they bring. We celebrate together as often as time and distance allow, and no matter what, we always show up for one another. **Birthdays are a big deal in our family; they are seen as a chance to "unselfishly" celebrate the individual, and we usually mark the day with a special dinner out, centered on love and quality time.**

One of our newer traditions is my youngest brother and his partner's annual Halloween party, which brings so many loved ones together in one place. **Even though Halloween isn't my favorite holiday, I love seeing their happiness and the joy it brings to everyone involved.** They are also big fans of Thanksgiving, which is another special time for our families to gather, reflect, and enjoy an out-of-this-world meal together. But the food is just the bonus—it's the people and presence that make it meaningful.

One of my favorite traditions comes from my dad's side of the family. He is one of five siblings, and when we all gather for our annual pre-Christmas celebration, there are more than 30 of us. My aunt and uncle have made it their mission to keep this tradition alive—complete with gift swaps, blind tastings, and heartfelt laughter. Our grandparents, now 89 and 91, are still with us and at the center of it all. I look forward to passing these traditions on to a child and creating new ones as we build a life together, just the two of us, surrounded by a village that already celebrates with open arms.



# home + community

**I live in the Northeast, in a quaint coastal town that often feels like it belongs in a Hallmark movie.** Main Street is lined with vibrant flowers in the spring and summer, and during the winter months, it carries a quiet, nostalgic charm. My condo has two bedrooms and two bathrooms—cozy yet spacious enough to welcome guests. One of my favorite features is the lofted second floor that overlooks the living room. At the top of the stairs is a little nook that became a workspace during the pandemic, but I now envision it with a rocking chair—just right for quiet moments with a baby.

Nestled in a cul-de-sac just off one of the main roads into town, my home offers a wonderful balance of peace and convenience. While the backyard is modest due to new development nearby, the neighborhood itself is full of kind, loyal people who genuinely look out for one another. **More and more families with young children have moved in, making it a community centered on family, safety, and connection.** I have loved turning this house into a true reflection of myself through decorating and creating warm, welcoming spaces. When I am home, it feels like my own little world—safe, comforting, and full of love. At the same time, the nearby highway makes it easy to reach both a major city and the coast whenever I want. It is the perfect place to grow, to play, and to raise a child.

# *future, faith, and education*

**I have no intentions of leaving this community, largely because of the stability and fulfillment I find in my career here.** I truly love where I live—it's not just a place, but a home—and I would find it difficult to imagine putting down roots anywhere else. While I plan to remain here long-term, I also deeply value travel and exploration. I have close friends who have recently moved to Ireland and Germany, and visiting them is high on my list. **I want to give a child both a strong, stable foundation and the chance to see the world with curiosity and wonder.**

## **Faith:**

I was raised in a Christian home with morals and values that I hold dear. **I want my child to be raised in a similar environment, where they can explore faith in a curious way yet hold fast to what is important: kindness, compassion, respect, empathy.** I am not as active as when I was younger, but I do believe that God is calling me back. I have not found a church that completely fulfills me, but I am working on that.



## **Education:**

**One of the things I am most excited about is the opportunity to send my child to the very school system where I work.** I am fortunate to have many friends and colleagues throughout the district, and it warms my heart to imagine their kindness, wisdom, and support being part of my child's journey. If my child chooses to pursue college, I will do everything in my power to make that dream a reality. At the same time, I understand that college is not the only path to a meaningful and fulfilling life.

*No matter what direction my child chooses, I will be their biggest fan and most loyal supporter—proud of who they are and whatever they set out to accomplish.*

# commitments + promises

## **Commitment to Unconditional Love**

I promise to love your child unconditionally for who they are, every single day. My love will not be based on achievement or behavior but rooted in the deep belief that they are worthy just as they are.

## **Commitment to Honoring Your Story**

I commit to honoring you and your child's birth story with honesty, respect, and sensitivity. Your child will always know they are loved by you and that your decision was made from a place of courage and deep love.

## **Commitment to Open Communication (as agreed upon)**

I am open to staying connected in a way that feels right for everyone—whether that includes letters, pictures, visits, or updates. I want your child to grow up knowing their full story and identity, including where they came from.

## **Commitment to Stability and Security**

I will provide a safe, stable, and nurturing home, filled with encouragement, structure, and warmth. Your child will always know they are protected and cherished.

## **Commitment to Diversity and Identity**

I will raise your child to understand and embrace their background and heritage. I will celebrate their identity and make sure they are surrounded by people, stories, and resources that reflect who they are.

## **Commitment to Lifelong Support**

I promise to walk beside your child throughout life's ups and downs—emotionally, academically, spiritually, and socially. I will always be their biggest cheerleader and most loyal advocate.

# *from my heart to yours*

Thank you for showing me what a mother's love truly looks like. Your courage in the face of uncertainty is an inspiration—one I hope to carry with me as I begin this journey. Your selflessness and deep understanding of your child's needs are beyond compare, and the grace and compassion you deserve will find a permanent place in your heart. Your humility in the face of love reveals a heart that is truly selfless. You are worthy of love, friendship, and unwavering support—not just now, but always. Without you, the gift of family would not be possible, and I will never stop honoring the role you play in creating something so sacred.

**I pray for your continued health and wellness, and I hope the affection I feel for you and your journey wraps around you like a warm embrace.**

Thank you for considering me. No matter where your path leads, I hold you in my thoughts with kindness and admiration.

*With love, Jenessa*

