



Emily



Hello!


Thank you for taking the time to look through my profile book.

It is both a joy and an honor to be considered. I cannot imagine what the decisions you face feel like, but I admire your strength and courage, and I pray your heart finds peace. I know God has a beautiful plan for you and your child, and I would be honored to be a part of it.

With love and gratitude,
Emily



Emily HEALTH
MEDICAL GROUP
PHYSICIAN



My Story

I was raised in bluegrass country

with a loving, crazy family. Our Christian household regularly attended church together, and I maintain close relationships with my parents, siblings, grandmother, and extended family, all of whom live nearby. I grew up swimming, playing hide-and-seek, and catching fireflies into the night. My grandma was my best friend, and I could not wait to go to my cousin's house and spend the night playing video games and chasing each other around the yard.

Since I was six years old, I knew I was supposed to be a doctor. I went to medical school, residency, and completed a fellowship in maternal fetal medicine (high-risk pregnancy). I've always wanted a family to pour myself into. I am at a point in my life where I am stable both financially and in my career. I moved back home to be near family and lead a rapidly growing high-risk pregnancy practice. It is my joy, day after day, to meet women where they are, providing comfort and guidance during a stressful time of their lives.

People who know me best would consider me a type-A person—motivated, responsible, and driven, but also incredibly empathetic. Other's burdens are my burdens, and I go out of my way to help people. I am a born hostess and like themed parties and opening up my home. I always strive to be introspective and continually work to better myself. I enjoy doing water aerobics at the gym with the elderly people, playing cards, or binge-watching a good TV show at home. I've met so many amazing people along my life's journey to get where I am today, and I am so grateful for the friendships and relationships I've forged along the way.



“Emmy”

When it comes to kids, I am everyone's "Emmy" — an aunt-like figure. I am godmother to one of my best friend's two children and love spending time with them for sleepovers and dinner dates. Another dear friend from college has custody of her nephew, and I have been a large part of their lives since he was born. We often go to the beach or on vacations together, and I enjoy spending time with all the little ones who call me Emmy. To these kids, I am an adult they can trust; someone who feels like family and who they know cares about them deeply. I often join their families for activities like visiting the zoo or aquarium, viewing Christmas light shows, trying new restaurants, and doing escape rooms and other fun activities. Whatever we're up to, it's always a great time.







My tribe

I have a very supportive group of friends. My best friends, Katie, Nik, and Bethany, are a huge part of my village. I met Bethany and Nik, who are married, when they were engaged over 10 years ago. We were in the same Bible study/community group at church and have remained lifelong friends. Their family is included in many of my holiday celebrations, weekend activities, as well as vacations. I met Katie, another lifelong friend, in college. I was in her town during my medical residency, and we grew to be close friends during my four years there. I have known her nephews, now 13 and 18, since they were small children, and we enjoy going to concerts, the beach, and on travel adventures together. They are all supportive of this next step in my life and plan to be present and engaged in my future child's life.





My home

I live in a four-bedroom, three-bath ranch home on a quiet street. The house is open and inviting. I custom-built it to be a place where family and friends could gather and enjoy each other's company. Outside, there are beautiful trees on one side of the road, wonderful neighbors on the other, and sidewalks for enjoying a nice walk. I have a pool and patio area with a hot tub in the backyard. There is a playroom with bunk beds where my godchildren like to play and have sleepovers and ample guest space for visiting family and friends. There's also a finished basement with a theater room for movie nights. In every step of planning my home, I've been mindful of future children. My home is a fun, warm, and exciting place just waiting for a child to enjoy it.

My community is close to entertainment, shopping, dining, and movie theaters. There are many local businesses, restaurants, and festivals nearby, and it is a wonderful place to live and grow a family. There are several wonderful parks and plenty of excellent public and private school options nearby.

In this home we:

love others and Jesus above all

count our blessings

always find the humor

never go to bed angry



We are family

I have two siblings. My sister and brother-in-law lived with me for several months when my nephew was first born and they were in the midst of moving homes. I have some amazing memories with my nephew that I will always cherish from those first six months of his life. Now, they live about ten minutes away, as do my parents and brother. We are all very close, and we see each other multiple times a week. I also have a large extended family with many cousins, aunts, uncles, and second cousins who I see multiple times a year — most of them also live in town.



LOVE
makes a
family



Holidays

During the holidays, I put up a huge tree at Christmastime and have everyone help decorate. In recent years, I have hosted my mom's family for Christmas celebrations at my house. We go over to my Grandmother's (MoMo's) house on Christmas Eve to spend time with my uncles, cousins and their children on my dad's side. We race to find the hidden pickle on the Christmas tree and attend a Christmas Eve candlelight service. I also host a work Christmas party at my house with a huge tree and lots of decorations. On Christmas morning, I look forward to breakfast at my mom's house.

We put on an Easter egg hunt for the kids at MoMo's house for Easter. On Thanksgiving, my dad has us watch the Thanksgiving episode of *WKRP in Cincinnati* after dinner as part of the festivities. For the Fourth of July, I host a pool party at my house with family and friends.



Adoption

Adoption has been on my heart for a long time. Ever since I was a little girl, I knew I wanted to be two things: a doctor and a mom. I remember running around delivering cabbage patch babies with my little sister toddling behind me carrying my doctor's bag and dreaming about both delivering babies and having my own. I've realized my dream of becoming a doctor—specifically, a high-risk pregnancy doctor who helps moms navigate their difficult pregnancies. Now, I'm excited to embark on the journey of motherhood. Over the last several years, God has placed on my heart a focus on building my family through adoption. I don't know what all His plans are for me, but He has made it clear that I am meant to adopt and pour my life into a child.



Fun Facts

Favorite movie: *Steel Magnolias*, *Breakfast Club*, or *10 Things I Hate About You*
Favorite books: *Water for Elephants*, *Where the Red Fern Grows*, *Harry Potter*, *Bible*
Favorite dessert: Girl Scout cookies, pumpkin pie, or tres leches cake
Favorite vacation spot: Wilmington, NC, and anywhere there is a beach
Favorite show: *New Girl*, *Friends*, *Gilmore Girls*, whatever the latest exciting documentary or mystery/thriller is
Favorite color: purple
Favorite music: Taylor Swift
Favorite food: sushi
Favorite things: comfy pjs, being in the water/swimming, decorating a Christmas tree, Saturdays by the pool with family, my herb and vegetable garden, hosting get-togethers, playing cards
Favorite Holiday: Christmas, followed by Halloween



In my free time

I enjoy spending time with my family. On weekends, you'll find us spending time outside grilling and swimming in the pool. I relish being a hostess. From hosting Christmas parties, family Christmas, Kentucky Derby Parties, game nights, and our family Thanksgiving, I am happiest when my house is bustling with family and filled with love. I keep a pantry full of kids' snacks and a cooler full of Capri Suns and juice boxes for all the kids. While I also like traveling and seeing new places from time to time, nothing beats the comfort of home with family and friends. When we do go out, we all enjoy a good night of karaoke or trivia.

My mom and I grow a vegetable and herb garden each year. We cherish our little harvests when we dry and jar herbs fresh from the garden. We are even experimenting with homemade salsa this year. When I'm not cooking from the garden, I enjoy trying new dishes and finding new restaurants to explore.



"My sister has spent her life healing others as a physician, now she's ready to grow her family through adoption and put her compassion and love to work raising a child." - Shelby

"I have no doubt that Emily's patience, warmth, and maturity would make her an excellent parent." - Bethany

"During the past decade and a half, Emily has been devoted to her medical training and career—she is successful, and God has helped her do amazing things with her gift of medicine. Now, she is at a good place in her life to welcome a child. She would provide unconditional love, support, and stability with a huge village of family and friends who would adore a child that was brought into her home." - Tina

Future Goals



I plan for my children to attend church and know Jesus. I will encourage them to love and respect others, no matter their differences. I will likely send my child to private school as there are several exceptional private schools nearby, although I will also consider public based on the needs of my child. I plan to instill in my child a love for education. I want them to pursue something they are passionate about so they can make the world a better place. If that is college, I will certainly support them in this endeavor.





One Last Note

I promise to love your child with my whole heart. I will provide a stable and financially secure home where love is not questioned, forgiveness abounds, and we never go to bed angry. I promise I will support your child and foster in them the qualities that make them unique and wonderful. Your child will know, every day, how loved they are, as it will be said often and without reserve. I promise your child will know their story—every single beautiful piece that makes them who they are and reminds them of you. I promise they will always know who you are and the sacrifices you made for them. We will pray for you and honor you always. It has long been my prayer that God would grant me the honor of raising one of his beautiful children. Raising your child would be the joy and privilege of my life.

Thank you!